

आरंभ तथा, परामर्श एवं साहाय्यार्थं जन्य आमार्नेर साधे योगायोग करुन 0161 945 4187 अई नम्बरे ।  
जइरी अवहाय पुलिशेर साधे योगायोग करुन 999 अई नम्बरे ।

पयारे माहिती, सलाह अने सहाय माटे 0161 945 4187 नंवर पर अमारो संपर्क साधो.  
धमरजसिमां पोलीसको 999 नंवर पर संपर्क साधो अथवा

مزید معلومات، مشورہ اور مدد کیلئے ٹیلی فون نمبر 0161-945 4187 پر رابطہ کریں  
ایمرجنسی میں پولیس کے ساتھ 999 پر رابطہ کریں

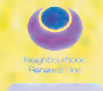
للحصول عن معلومات أو نصائح أو دعم أكثر اتصل بنا على رقم الهاتف 01619454187  
عند الحالات الطارئة اتصل بالشرطة على 999

अधिक जानकारी, सलाह-परामर्श व सपोर्ट के लिए कृपया 0161 945 4187 नम्बर पर फोन कीजिए।  
डमरजसि में पुलिस को 999 पर फोन कीजिए।

ਹੋਰ ਜਾਣਕਾਰੀ, ਸਲਾਹ ਅਤੇ ਸਹਾਇਤਾ ਲੈਣ ਲਈ ਟੈਲੀਫੋਨ ਨੰਬਰ 0161 945 4187 ਤੇ ਗੱਲ ਕਰੋ  
ਐਮਰਜੈਂਸੀ ਵਿਚ ਪੁਲਸ ਨੂੰ 999 ਤੇ ਫੋਨ ਕਰੋ

**For information, advice,  
support and refuge  
accommodation for Asian  
women and children  
contact  
Saheli – 0161 945 4187  
9am- 5pm**

**In an emergency contact the  
Police on 999**



Registered Charity No.: 1033067

# Saheli ♀

**DOMESTIC VIOLENCE  
IS A CRIME**

**SAY NO TO DOMESTIC  
VIOLENCE**



Saheli is an organisation for Asian women run by Asian women.

## The work of Saheli♀

Saheli provides emergency, temporary refuge accommodation to South Asian women and their children who are fleeing domestic violence. We provide a range of safe and confidential services:

- ✓ **Refuge Services:** Saheli provides a six bedroom refuge accommodation for women and children who have fled domestic violence situations.
- ✓ **Children's service:** within the refuge there is a children's service to ensure that children's needs are met for example through play session & one to one work.
- ✓ **Aftercare and Outreach service:** Saheli provides support for Asian women and their children who have either been re-housed by the refuge or are living within the community who are experiencing or have experienced domestic violence.

### Services offered include

- ✓ Emergency accommodation for Asian women & children fleeing domestic violence.
- ✓ Emotional support in a culturally familiar environment. Information and advice helping to empower women to make positive decisions for themselves and their children.
- ✓ Support with housing forms and benefit applications.
- ✓ Resettlement support for women who have been re-housed in the community.
- ✓ Liaison with external agencies where appropriate such as: immigration, housing, Department of Social Security, Police, and Law Centres etc.
- ✓ Support and advice for Asian women fleeing forced marriages.
- ✓ Work with children based in the refuge.

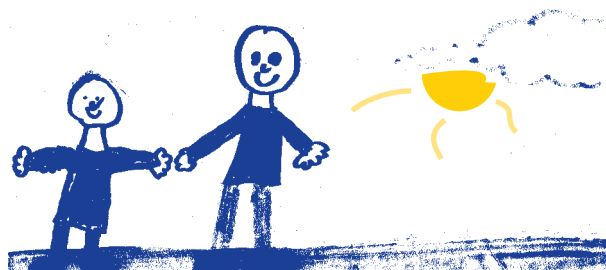
- ✓ **Immigration Fund:** Saheli also provides refuge support to women and their children who have no recourse to public funds. These women have fallen foul of the immigration laws that state that women who come into the UK from abroad to settle with their spouse have to stay within the marriage for at least 2 years in order to satisfy the immigration officials that their marriage is indeed legitimate. If they leave due to domestic violence within this period they cannot claim state benefits.

We fundraise to ensure that women who have no recourse to public funds, including housing benefit have access to refuge provision. Please consider making a donation, which will directly support these women and children.

### If you need to leave a violent situation

- ✓ Find a safe place e.g. neighbour or friends house
- ✓ Contact the Police if you need to report the incident
- ✓ See the doctor and have a medical examination for records.
- ✓ If leaving home, try and take important information with like your National Insurance number, your passport, income support book etc

For more information, advice and support contact us on **0161-945 4187**



Women: With or Without Children. (Heterosexual, bisexual, lesbian) Women: Born and transgendered.  
Asian: Women who define themselves as Asian or align themselves with Asian Cultures, religion, languages & tradition.